

## Descriptions of Cheri's Event Offerings

Title	Type of Event	Timeframe	Ideal Audience	Description
Best Practices for Promoting Self-Sufficiency	Speaking Event or more in-depth Workshop with handouts and PowerPoint. PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable.	Speaking: 1 hour Workshop: 3 hours	Human Service professionals and case managers; Religious leaders; and faith-based organizations.	Learn about the grant-funded pilot project Cheri led in 2007 to discover best practices for helping people overcome generational poverty. What she learned was so astonishing that it was featured in the Annual Report of the Missouri Association for Community Action (MACA). These practices produced a 90% success rate over a one-year period and can be implemented in communities and churches as well as through human service professionals.
Crafting a Compelling Personal History	Speaking Event or Workshop with handouts. The workshop has extensive setup of visual aids. Multiple floor easels or A-frame ladders need to be provided for the workshop.	Speaking: 1 hour Workshop: 3 hours plus 2 hours to set up and 1 hour to take-down.	Adults who have a desire to write their personal history	This model of writing a personal history is based on the metaphor of creating a quilt. By likening the two processes, Cheri helps attendees see clearly the steps and also helps illuminate why writing a personal history seems so daunting – and how to get over the fear and move forward. Both include personal stories and insights as well. The workshop also provides in-class writing exercises to get the juices flowing.
Crafting a Compelling Personal History – for Single Adults	Speaking Event or Workshop with handouts. The workshop has extensive setup of visual aids. Multiple floor easels or A-frame ladders need to be provided for the workshop.	Speaking: 1 hour Workshop: 3 hours plus 2 hours to set up and 1 hour to take-down.	Single adults who want to create a life for themselves worth writing about	This workshop is a variation of the original (see above description) in that it also touches on the author's personal experience of seeing her life plan change due to divorce. Filled with personal stories and insights, this presentation will give those whose lives have seemed to “go sideways” hope and courage to step forward and first create an even better life, and then know how to write about it in a compelling way. The workshop also provides in-class writing exercises.

Title	Type of Event	Timeframe	Ideal Audience	Description
Do It Yourself Home Makeover	Multi-media Workshop with handouts. The workshop requires set-up time for visual aids. PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable.	Workshop: 3-4 hours plus 1.5 hours to set up and about 45 minutes to take down.	Women who want to make-over their living spaces on a budget	Drawing on her years of Interior Design training and even more years of helping people remake their living spaces on a tight budget, Cheri shares the tricks of the trade and more in an understandable and inspiring way that will allow anyone to begin to create the space of their dreams.
Finding Femininity	Speaking Event or Fireside	Speaking: 1 hour Fireside: 1 hour	Women who would like to develop their feminine side more. This is also appropriate for mothers and their teenage daughters.	Femininity doesn't always come naturally to women. So what do you do if it hasn't for you? In this insightful and inspiring presentation, Cheri shares some of the potential inhibitors of femininity and then through personal stories she reveals what we can do to first find the feminine in ourselves and others and then courageously show up in more feminine ways.
History Taught Me: Forgiveness Begets Forgiveness	Speaking Event or Fireside	Speaking: 1 hour Fireside: 1 hour	Those interested in LDS Church History from the Missouri period	In this presentation, Cheri shares her personal story of moving to Caldwell County, Missouri in 1996 and how over the course of time she went from being hated for her religion by the descendants of the mob to being begged not to move away. This story will inspire all who have ever felt persecuted and have tried to find a way to soften the hardened hearts of others.
How Does Your Date Rate?	Speaking Event or Workshop with handouts.	Speaking: 45 minutes Workshop: 90 minutes	Youth of dating age and Single Adults	Dating is supposed to be fun, but sometimes it isn't. Does your relationship have the potential for danger or abuse? Drawing on her experience as a case manager for abused women, Cheri shares some of the warning signs that give clues about the kind of person you are really dating and resources if you need help.

Title	Type of Event	Timeframe	Ideal Audience	Description
Pioneer History Writing for Daughters of Utah Pioneers	Multi-media Workshop with handouts. The workshop requires set up time for visual aids. PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable.	4 hours (half-day) plus 30 minutes setup and 20 minutes take down.	Members of DUP who are struggling to write their ancestor's pioneer history	This hands-on workshop will have you itching to get started on the pioneer history you have been dreading to write. From gathering facts to researching, analyzing photos to footnoting sources, drafting a rough manuscript to polishing your ancestor's compelling history, Cheri can help you feel more confident and excited to start, finish, and then submit your pioneer history to ISDUP Headquarters in Salt Lake City.
Remembering and Recording Spiritual Experiences	Speaking Event or Fireside with handouts.	Speaking: 1 hour Fireside: 1 hour	Adults and Youth	How do you know whether you should write down that spiritual, special, or sacred experience? And if you do write it, how much should you share? In this inspiring presentation, Cheri shares her own journey of grappling with these questions and what happened once she got past the fear of "casting pearls". You will come away with a clearer understanding of how to write about these experiences, as well as when it is appropriate to share them.
Sisterly Advice	Speaking Event or Fireside with handouts.	Speaking: 1-2 hours Fireside: 1 hour	Women and Young Women	Drawing from her own life experience, Cheri shares her best "big sister" advice on a variety of topics. Each event is customized to meet the needs of the women who will be attending, and those planning the event may choose from an ala carte menu of topics to be covered.
The Gospel-Sharing Heart	Speaking Event, Fireside, or Workshop with handouts. PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable.	Speaking: 30 minutes to 1 hour Fireside: 1 hour Workshop: 2 hours	Those who want to build bridges between themselves and those of different faiths. Suitable for Adults and Youth.	Having a Gospel-sharing heart does not mean preaching, expounding, or boldly testifying. It is developing genuine love and friendship and sharing back and forth in natural ways as the friendship deepens. This paradigm is definitely a shift from the typical missionary-mindset, and honestly, a welcome relief and a blessing!

Title	Type of Event	Timeframe	Ideal Audience	Description
The Parenting Trek	Speaking Event	Speaking: 1 hour	Mothers and Fathers who are growing weary	This address was first given as a Mother's Day talk and later expanded to include additional aspects of parenting that correlate to the stages of the pioneer trek to Utah. You will laugh, cry, and be inspired to press on in faith as you hear the true experiences from Cheri's life paired with actual pioneer stories from the trek west.
Thriving Through Revelation	Speaking Event or Fireside with handouts. If a small group, a large chalk or whiteboard is needed. If a large group, a PowerPoint projector and screen need to be provided instead. Speaker will bring her laptop and HDMI cable to project the visual aids.	90 minutes	Adults and Single Adults	This presentation covers everything from how to recognize the Spirit and the importance of revelation to the actual process of preparing ourselves for revelation and then how to effectively seek revelation – especially when we are struggling to receive it. Finally, there is a review of the stages of spiritual progression we must go through to qualify for the ultimate blessing available to us as we grow in seeking and living by revelation.
Tips for Becoming a Self-Published Author	Speaking Event Or Workshop with handouts PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable	Speaking: 1 hour Workshop: 3 hours	Adults and Young Adults who want to write	Drawing on her own experience in becoming a self-published author, Cheri shares the process as well as the full scope of what it takes to be an author. Preferably, workshop attendees will have access to their own laptop computers to be able to have hands-on experience.
What It's Like to Be an Author	Speaking Event for Career Fairs	Speaking: 15-20 minutes as desired	Elementary School age children (although this can be modified and expanded if desired for high school or college students)	Cheri encourages basic writing skills as well as developing those skills through journaling, writing stories, entering writing contests, and more. She shares a little about her own journey to becoming a writer, which included being an avid reader starting when she was young. For older groups, additional age-appropriate resources and handouts are provided.

Title	Type of Event	Timeframe	Ideal Audience	Description
When Violence Hits Close to Home	Multimedia Presentation including handouts PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable to project the visual aids.	Presentation 60-90 minutes + Q&A	Community Service organizations; women's clubs; and women's church groups. Also appropriate for ministerial alliances.	This presentation (originally titled "Safe Harbors") was developed to provide education and outreach concerning domestic violence awareness and prevention. Content includes how to identify domestic violence, what to do if you are in an abusive relationship, how to help someone else who is in danger, and how to become part of the support system for those escaping it. This is designed to be a guide for concerned family, friends, and clergy. Q&A at the end.
Winter Quarters Wisdom for OUR days	Multi-media Fireside with handouts Extensive set-up required for full impact (approx. 90 minutes setup) PowerPoint projector and screen need to be provided. Speaker will bring her laptop and HDMI cable to project the visual aids. Three floor easels and large table also need to be provided for visual aids. Speaker will connect with local church leaders to learn what counsel is being given currently at the ward and stake levels to incorporate it.	Presentation 90 minutes + 90 minutes setup and 30 minutes take down.	Adult men and women and Single Adults. This is appropriate for a fireside setting or joint Elder's Quorum/Relief Society event.	When the Latter-day Saints left Nauvoo for the trek west, their leaders gave them specific counsel to follow. But did you know that disobedience to those early Church leaders carried heavy natural consequences? In this enlightening presentation, you will learn what those early Saints were counseled to do, what they failed to do and why, and what the consequences were. You will also have the opportunity to evaluate how well you are following inspired counsel in our day and be inspired to pay closer attention and more diligent heed to the words of the prophets, apostles, and local leaders. We may not be preparing to make a trek west, but is your "wagon" properly loaded?

## Descriptions of Cheri's Long Form Storytelling Offerings

Title	Type of Event	Timeframe	Audience	Description
Elizabeth, Mary Jane and Me	Speaking Event, Fireside, or Long-form one-woman play as a Storytelling Event	Speaking only: 1 hour Fireside: 1 hour One-woman play: 90 minutes to 2 hours	Adult men and women	This one-woman play (still in development) tells the story of three women in one family line, but generations apart who each sought for and eventually obtained religious in their lives – but not without extensive trials and tribulations first.
Loaves and Fishes: Seeing the Miracles	Speaking Event, Fireside, or Long-form Storytelling Event	Speaking: 1 hour Fireside: 1 hour Long-form Story: 1 hour (or may be abridged to less time with notice)	Adults and Single Adults	In this compelling set of true stories, Cheri shares her own experiences with witnessing the blessing of others through the miracle of the loaves and fishes in various situations. But it was when she learned she could ask for this blessing in her own life that she really was grateful for the miracles that still happen in our day.
The Lesson of Hawn's Mill	Speaking Event, Fireside, or Long-form Storytelling Event in costume.			This is a one-woman costumed portrayal of Mary Jane Champlin Dickson telling her story and the stories of others who miraculously survived the Hawn's Mill Massacre. It was originally created for the conclusion of a youth trek in Caldwell County, Missouri (where the massacre took place), and eventually was performed for the BYU Alumni Association at the Hawn's Mill site for Church History bus tour travelers whose tour was organized by the Association.

## Descriptions of Cheri's Short Form Storytelling Offerings

Title	Type of Event	Timeframe	Audience	Description
A Ping Pong Christmas	Short story for Christmas storytelling	20-25 minutes	Children and Adults	You will laugh and cry as you hear this powerful true story of three children who sold their prized ping pong table to provide Christmas for their parents during a particularly lean year.
Homemade Cookies for Christmas	Short story for Christmas storytelling	20 minutes	Adults and Young Adults	This tender, true Christmas story about a newlywed couple will warm your heart. When sickness ruins their plans to celebrate the holidays with their friends, what will they do with hundreds and hundreds of homemade cookies? You will be surprised and touched at their decision which helped them see that sometimes homemade cookies are the best gift ever.
Loaves and Fishes in My Food Storage Room	Short story for preparedness event	20 minutes	Adults, especially women and those with a passion for emergency preparedness	All the food storage is <i>ruined</i> ? How will it be possible to replace what was lost in time to make a major pivot in life? That food storage was to be the safety net! This true story of God's blessings upon those who do their best to be prepared will surprise and inspire you to consider preparing in a unique way.